

Jikoji Summary Report :- ( 29th Nov to 02nd Dec 2023)

Condition Before Jikoji Lake Program :-

1. Feeling of gratefulness for getting this opportunity to attend
2. Feeling of Calmness , Quiet, balanced & Happy

Benefits of Jikoji Program :-

1. Got deeper insight of own flaws/issues/shortcomings.
2. Got clarity on various aspects of Sadhana/goal and our role.
3. Mind got very disciplined and got under control to great extent.
4. Able to see vividly how mind plays trick if not used properly.
5. Lot of Inspiration and huge boost/push received to consciousness.
6. Senior brothers helped to answer on many questions related sadhana and shared their experience/tools/tips.

Condition After Jikoji Program :-

1. Feeling of Blessed and gratefulness towards The Master who is guiding us all the time
2. Feeling of dependency and submissive towards The Master
3. Feeling of Love and Devotion towards The Master
4. Feeling of restlessness

Thanks,  
Sandeep